

Social, Emotional, and Academic Development

FAST
FACTS



What we know about social, emotional, and academic development.



Nine out of ten

teachers believe social and emotional skills can be taught and that it benefits students.¹



Four in five

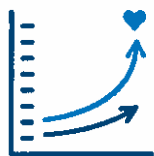
teachers want more support to address students' social and emotional development.¹

75% of the words

students use to describe how they feel at school are negative. Students most commonly report they are tired, stressed, and bored.²



Integrating social and emotional development improves students' attitudes and engagement.³



Growth in occupations

that require the mastery of social and emotional skills has outpaced growth of all other occupations.⁴



Eight in ten employers say social and emotional skills are the **most important to success**

and yet are also the hardest skills to find.⁵

Social and emotional competency is at least as predictive of academic and career achievement as is IQ.⁶



Supporting students' social and emotional development produces an **11-percentage-point gain** in grades and test scores.⁷



Social and emotional skills help to build cognitive skills. They **help students learn academic content** and apply their knowledge.⁷



After paying for college, the next

biggest concern among parents

is their children's social and emotional well-being.⁹

Attention to social and emotional development is not only valuable in early childhood.

Sustaining a focus on social and emotional growth through adolescence is crucial for improving achievement and outcomes beyond school.⁹



Integrating social and emotional development with academic learning returns

\$11 for every \$1 invested.¹⁰

High social and emotional competency...



Increases

high school graduation rates, postsecondary enrollment, postsecondary completion, employment rates, and average wages.¹¹

Decreases

dropout rates, school and classroom behavior issues, drug use, teen pregnancy, mental health problems, and criminal behavior.¹¹



CITATIONS

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- ⁸ Learning Heroes. (2016). *Parents 2016: Hearts & minds of parents in an uncertain world*. Washington, DC: Author.
- ⁹ Heckman, J. J. (2008). *The case for investing in disadvantaged young children. Big ideas for children: Investing in our nation's future*, 49-58. Retrieved from: <http://heckmanequation.org/content/resource/case-investing-disadvantaged-young-children>.
- ¹⁰ Belfield, Bowden, Klapp, Levin, Shand & Zander. (2015). *The economic value of social and emotional learning*. New York, NY: Center for Benefit-Cost Studies in Education: Teachers College, Columbia University.
- ¹¹ Kautz, Heckman, Diris, Bas ter Weel, & Borghans. (2014). *Fostering and measuring skills: Improving cognitive and non-cognitive skills to promote lifetime success*. Paris, France: Organization for Economic Cooperation and Development.

